

# DANCIN ON EXTREME



 Keneish Dance



# ABOUT THE WORK

**DANCIN' ON EXTREME IS THE LATEST DANCE WORK FROM KENEISH DANCE, CHOREOGRAPHED BY ARTISTIC DIRECTOR KEISHA GRANT. THIS POWERFUL, RAW AND BOLD FAMILY FRIENDLY WORK IS INSPIRED BY THE HARSH, UNTAMED CONDITIONS OF PREPARING TRAVEL TO AND THROUGH ANTARCTICA AND THE HUMAN CAPACITY TO ENDURE EXTREME. THE PERFORMANCE EMBODIES THE SPIRIT OF RESILIENCE AND THE COURAGE REQUIRED TO PUSH BEYOND PHYSICAL AND MENTAL BOUNDARIES, ECHOING THE CHALLENGES FACED BY EXPLORERS IN A QUEST TO UNDERSTAND THE MOST UNFORGIVING ENVIRONMENTS ON EARTH. THIS POWERFUL WORK CHANNELS THE RAW URGENCY OF CLIMATE JUSTICE THROUGH THE BODY, AND RAISES AWARENESS OF ANTARCTICA AS A SHARED RESPONSIBILITY TO CONFRONT UNEQUAL IMPACTS OF A WORLD IN CRISIS.**



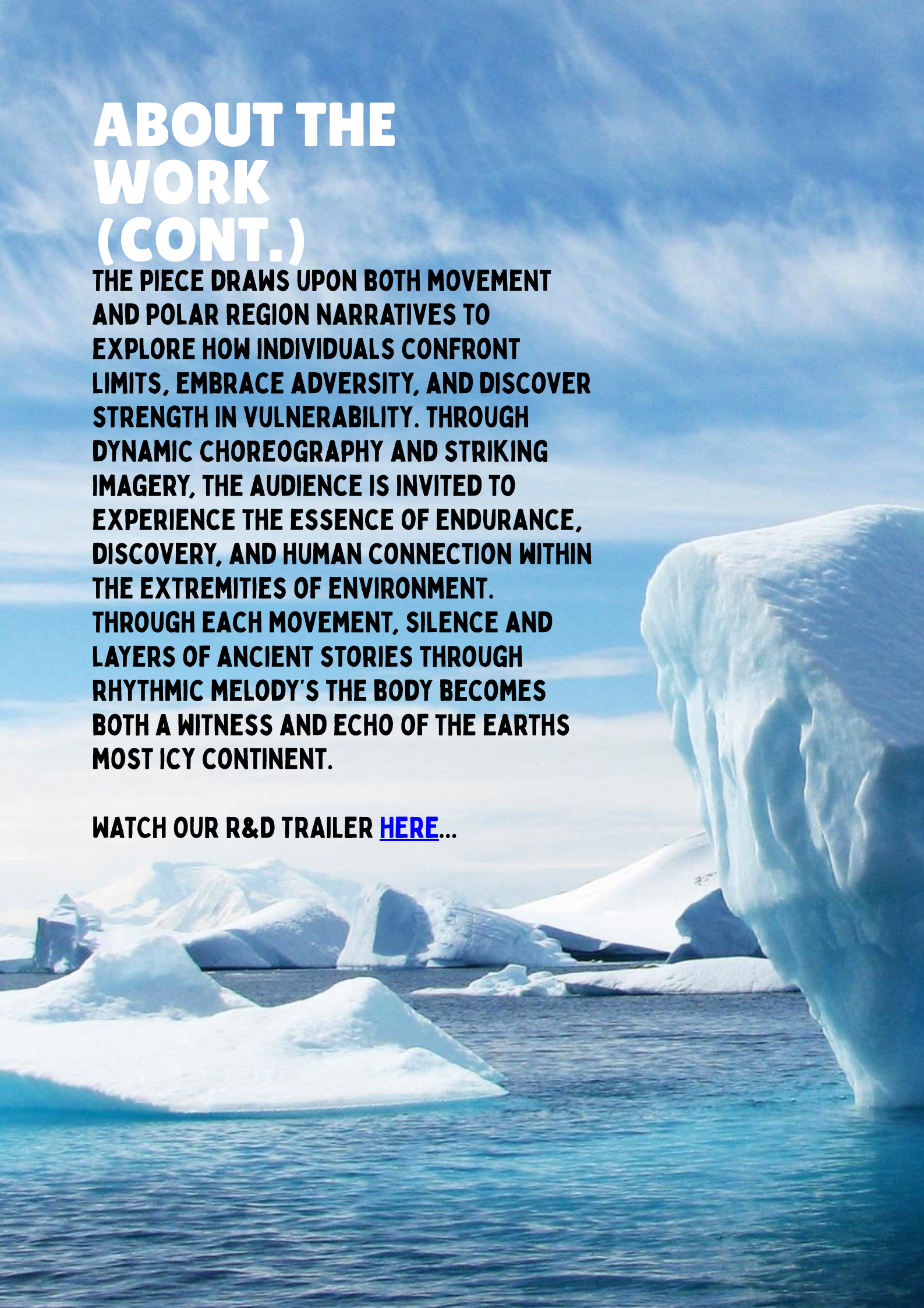




# ABOUT THE WORK (CONT.)

THE PIECE DRAWS UPON BOTH MOVEMENT AND POLAR REGION NARRATIVES TO EXPLORE HOW INDIVIDUALS CONFRONT LIMITS, EMBRACE ADVERSITY, AND DISCOVER STRENGTH IN VULNERABILITY. THROUGH DYNAMIC CHOREOGRAPHY AND STRIKING IMAGERY, THE AUDIENCE IS INVITED TO EXPERIENCE THE ESSENCE OF ENDURANCE, DISCOVERY, AND HUMAN CONNECTION WITHIN THE EXTREMITIES OF ENVIRONMENT. THROUGH EACH MOVEMENT, SILENCE AND LAYERS OF ANCIENT STORIES THROUGH RHYTHMIC MELODY'S THE BODY BECOMES BOTH A WITNESS AND ECHO OF THE EARTH'S MOST ICY CONTINENT.

WATCH OUR R&D TRAILER [HERE](#)...





# **RESEARCH & DEVELOPMENT**

**THE EARLY STAGES OF DANCIN' ON  
EXTREME WERE SHAPED BY  
CONVERSATIONS WITH CHILDRENS  
SCIENCE COMMUNICATOR AND  
AUTHOR OF 'ANTARCTICA – THE  
MELTING CONTINENT' KAREN YOUNG,  
RESEARCHERS AT SCOTT POLAR  
RESEARCH INSTITUTE, NEUROSCIENCE  
OF DANCE AND WE TWO FOUNDATION,  
FOUNDED BY DWAYNE FIELDS, THE  
FIRST BLACK BRITON TO WALK TO THE  
MAGNETIC NORTH POLE. HIS JOURNEY  
EMBODIES RESILIENCE, COURAGE,  
AND DETERMINATION TO GO AGAINST  
THE STATUS QUO, QUALITIES THAT  
RESONATE DEEPLY WITH THE CORE  
THEMES OF THIS WORK.**









# ABOUT KENEISH DANCE

**FOUNDED IN 2009, KENEISH DANCE CREATES LIVE PERFORMANCES AND DANCE FILMS WHICH CHALLENGE AND EXPLORE THE HUMAN EXPERIENCE, USING A UNIQUE MOVEMENT LANGUAGE DRIVEN BY PERSONAL AND SHARED NARRATIVES FROM ACROSS THE DIASPORA. THE COMPANY DELIVER WEEKLY DANCE AND WELLBEING CLASSES AT THEIR STUDIO IN HOCKLEY, BIRMINGHAM.**

**COMMISSIONS HAVE INCLUDED THOSE FROM JAZZ MUSICIAN BILL LAURENCE, SHEFFIELD ORATORIO CHORUS, CITY OF BIRMINGHAM SYMPHONY ORCHESTRA, BIRMINGHAM MUSEUMS - THINK TANK SCIENCE MUSEUM, SANDWELL MUSEUMS, WARWICK UNIVERSITY, ARTS COUNCIL ENGLAND AND LABAN GUILD INTERNATIONAL AMONGST OTHERS.**

**UNDER KEISHA GRANT'S LEADERSHIP THE COMPANY WON 'BEST CONTEMPORARY DANCE COMPANY' FOLLOWED BY 'MOST INNOVATIVE DANCE COMPANY' FROM SME MIDLANDS ENTERPRISE AWARDS AND MOST RECENTLY WAS SHORTLISTED FOR LORD MAYOR OF BIRMINGHAM CULTURE AND BUSINESS AWARDS.**

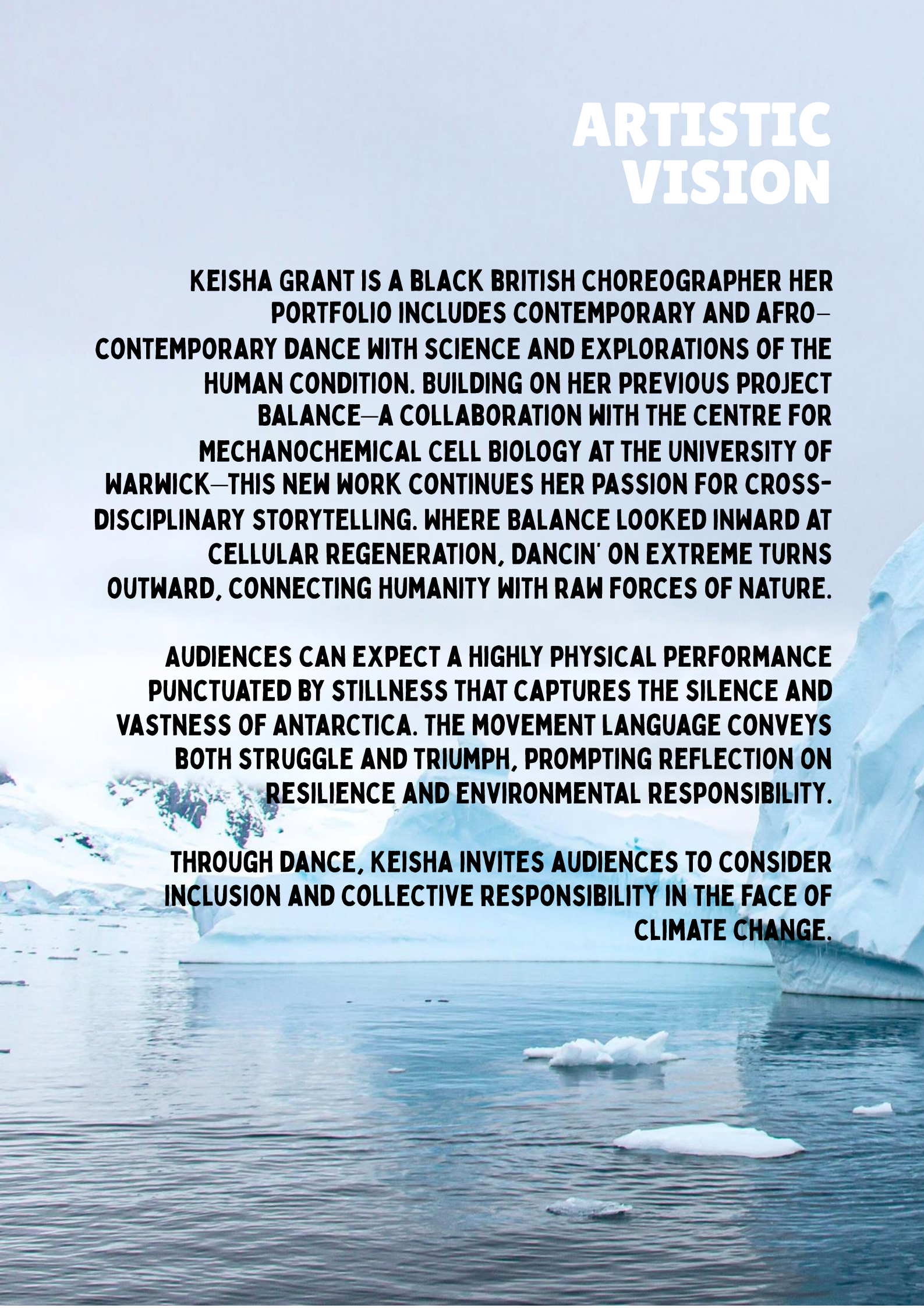


# ARTISTIC VISION

**KEISHA GRANT IS A BLACK BRITISH CHOREOGRAPHER HER PORTFOLIO INCLUDES CONTEMPORARY AND AFRO-CONTEMPORARY DANCE WITH SCIENCE AND EXPLORATIONS OF THE HUMAN CONDITION. BUILDING ON HER PREVIOUS PROJECT BALANCE—A COLLABORATION WITH THE CENTRE FOR MECHANOCHEMICAL CELL BIOLOGY AT THE UNIVERSITY OF WARWICK—THIS NEW WORK CONTINUES HER PASSION FOR CROSS-DISCIPLINARY STORYTELLING. WHERE BALANCE LOOKED INWARD AT CELLULAR REGENERATION, DANCIN' ON EXTREME TURNS OUTWARD, CONNECTING HUMANITY WITH RAW FORCES OF NATURE.**

**AUDIENCES CAN EXPECT A HIGHLY PHYSICAL PERFORMANCE PUNCTUATED BY STILLNESS THAT CAPTURES THE SILENCE AND VASTNESS OF ANTARCTICA. THE MOVEMENT LANGUAGE CONVEYS BOTH STRUGGLE AND TRIUMPH, PROMPTING REFLECTION ON RESILIENCE AND ENVIRONMENTAL RESPONSIBILITY.**

**THROUGH DANCE, KEISHA INVITES AUDIENCES TO CONSIDER INCLUSION AND COLLECTIVE RESPONSIBILITY IN THE FACE OF CLIMATE CHANGE.**



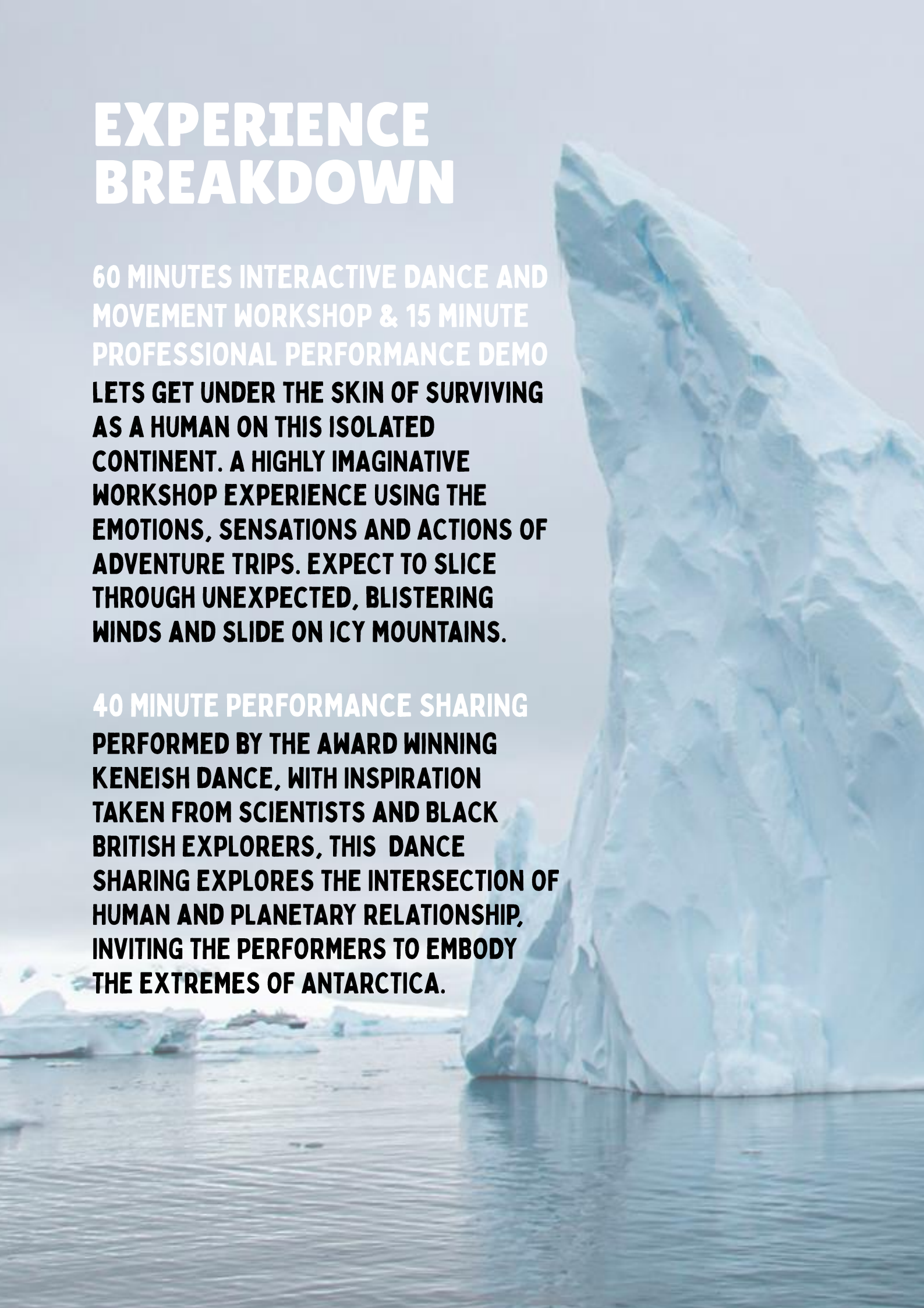


# EXPERIENCE BREAKDOWN

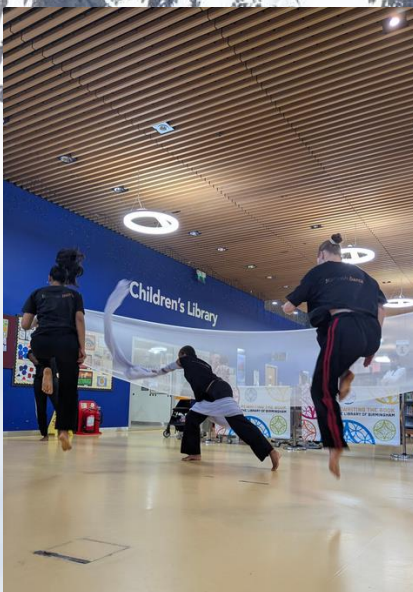
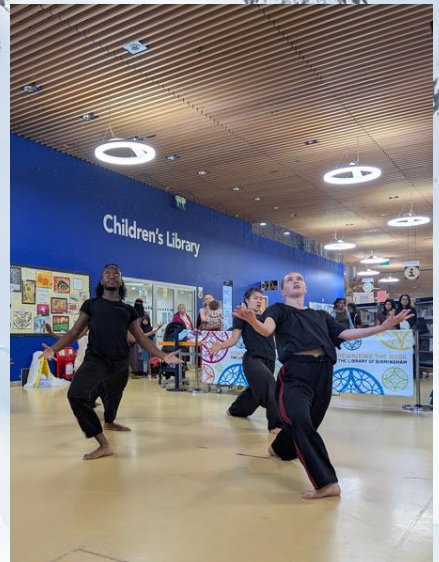
**60 MINUTES INTERACTIVE DANCE AND  
MOVEMENT WORKSHOP & 15 MINUTE  
PROFESSIONAL PERFORMANCE DEMO**

**LETS GET UNDER THE SKIN OF SURVIVING  
AS A HUMAN ON THIS ISOLATED  
CONTINENT. A HIGHLY IMAGINATIVE  
WORKSHOP EXPERIENCE USING THE  
EMOTIONS, SENSATIONS AND ACTIONS OF  
ADVENTURE TRIPS. EXPECT TO SLICE  
THROUGH UNEXPECTED, BLISTERING  
WINDS AND SLIDE ON ICY MOUNTAINS.**

**40 MINUTE PERFORMANCE SHARING  
PERFORMED BY THE AWARD WINNING  
KENEISH DANCE, WITH INSPIRATION  
TAKEN FROM SCIENTISTS AND BLACK  
BRITISH EXPLORERS, THIS DANCE  
SHARING EXPLORES THE INTERSECTION OF  
HUMAN AND PLANETARY RELATIONSHIP,  
INVITING THE PERFORMERS TO EMBODY  
THE EXTREMES OF ANTARCTICA.**









# TECHNICAL SPECIFICATIONS

**GET-IN TIME** **MINIMUM 1 HOUR**

**SHOW DURATION** **30 – 45 MINUTES**

**PRE SHOW INTERACTIVE  
WORKSHOP WITH  
PERFORMANCE EXCERPT** **75 MINUTES**

**PERFORMANCE AREA** **APPROX. 9M X 8M, FLAT SURFACE**

**PA SYSTEM** **SUPPLIED BY SITE/FESTIVAL/VENUE  
SITE**

**LIGHTING** **LIGHTING IF AVAILABLE**

**CAPACITY** **UP TO 2 EXPERIENCES PER DAY.  
(UPTO 30 PARTICIPANTS IN EACH  
WORKSHOP)**



# TOURING & AVAILABILITY

DANCIN' ON EXTREME IS AVAILABLE FOR CO-COMMISSIONING AND PROGRAMMING IN 2026 AND BEYOND. SUITABLE FOR ALL AUDIENCES, INCLUDING FAMILIES FOR 5 YEARS AND UPWARDS, THE PERFORMANCE RESONATES ESPECIALLY WITH THE CREATIVE AND CURIOUS.

# ENQUIRIES & BOOKING

**KENEISHMARKETING@GMAIL.COM &  
INFO@KENEISHDANCE.COM**



 **Keneish Dance**



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**ARTS COUNCIL  
ENGLAND**